

Breast Cancer Detection Camp

“Cancer Research Project” of Ayurved Hospital & Research Centre of Bharatiya Sanskriti Darshan Trust, Wagholi organized a Breast Cancer Detection Camp for women at - Tata Yazaki Ltd, Wagholi, under the guidance of Prof. Dr. S. P. Sardeshmukh from 1st December 2008 to 3rd December 2008.

Aim of this health camp was to perform general breast examination in women & F. N. A. C. test of breast lump if required. Guidance about awareness of Feminine diseases with their prevention was also given in the camp.

Camp was started at 10:00 am. every day. 286 women were benefited through this camp.

Breast Lump was detected in 4 females. Associated symptoms of Breast Cancer were observed in 3 females. Thyroid swelling was observed in 1 female. 4 females were volunteered for F.N.A.C. test which was done by Dr. Deepak Ladda, Pathologist, Ayurved Hospital & Research Centre in minimum charges (20 Rs.).

A survey of Gynecological & obstetrics complaints was carried out in 294 employees with the help of specially designed questionnaire.

A huge contribution was given by Dr. Prabha Godbole- Senior Gynecologist, Bharatiya Sanskriti Darshan Trust. Dr. Vineeta Deshmukh – Incharge of Cancer Research Centre of Bharatiya Sanskriti Darshan Trust & Research Assistants - Dr. Ranjeet Nimbalkar, Dr. Mrs. Shweta Gujar, Dr. Mrs. Suchita Vaidya participated in this camp. Dr. Mrs. Anjali Deshpande- Lecturer, Kayachikitsa Vibhag (Department of Medicine), Dr. Rupali Khobragade- Lecturer, Kayachikitsa Vibhag (Department of Medicine), Dr. Sunita Birade, Lecturer - Stree Rog Prasuti Vibhag (Department of Gynecology & Obstetrics), Dr. Jyotee Badave- Lecturer, Rasa Shasta Vibhag, Dr. Mrs. Jyoti Navnale, Lecturer - Nidan Vibhag (Department of Pathology), Dr. Amina Patre- R.M.O. Ayurved Hospital & Research Centre, M. D. students & interns also participated in this camp. Paramedical Staff Mr. Ketan Sonavane, Mrs. Rupali Gaikwad , other staff like Mrs. Asmita Pawar & Mrs. Manda Patil contributed in the camp.

Global Ayurved Conference & Health Expo, Bharati Vidyapeeth

Global Ayurved Conference & Health Expo, was held between 9th – 11th January 2009 at Bharati Vidyapeeth, Pune. Experts from Ayurved field expressed their views & presented their research work .

Total 5 scientific papers were presented on behalf of Cancer Research Project, undertaken by Bharatiya Sanskriti Darshan Trust's Ayurved Hospital & Research Centre.

Dr. Shweta Gujar, Assistant physician of Cancer Research Project presented a scientific paper on “Management of Hematological Cancers i.e. Cancers related to Rasavaha & Raktavaha Srotasa with Yakrut Pleehodarari Loha”. Scientific paper on “Assessment of Ayurvedic treatment in Brain Tumour with Raupya Suvarna Sootashekhar” was presented by Dr. Sucheta Vaidya, Assistant Physician of Cancer Research Project.

Dr. Ranjeet Nimbalkar - Reader in Nidan Department of Ayurved Mahavidyalaya, Wagholi & Assistant Physician of Cancer Research Project presented paper on “Management of side effects of Cancer Chemotherapy with Ananta Kalpa – A sugarbase Ayurvedic preparation of Ananta (Hemidesmus indicus)”.

Paper on the topic “Evaluation of clinical staging in HIV +ve patients with Ayurvedic treatment – Suvarnabhasmadi Yoga & Guduchi Ksheerapaka ” was presented by Dr. Vineeta Deshmukh, incharge of Cancer Research Project.

A presentation on “Effect of Jatamansi oil Shirodhara in terms of Rasayan Karma” was done by Dr. Renuka Gayal, incharge of Ayurved Hospital, Wagholi.

On this occasion, 3 stalls were displayed by Bharatiya Sanskriti Darshan Trust namely - Atharva Ayurved Pharmaceuticals; Ayurved Hospital Research & Development ; Sanjeevani Plantation unit & Dravyaguna Department of Ayurved College, Wagholi. These stalls also got encouraging response.

Atharva Ayurved Pharmaceuticals participated in the expo highlighting its medicines. Madhusudan Vati, Ananta Kalpa & Shatavari-M Kalpa, the new products of Atharva Pharmacy were promoted in the expo. Dr. Sukumar Sardeshmukh, Dr. Shashank Karambalekar & Mr. Sachin Saraf organized the stall & represented the Atharva Ayurved Pharmaceuticals.

Charts giving information about Cancer, AIDS & Ayurved were displayed on Ayurved Hospital Research & Development stall. Information about Cancer Research Project & AIDS Research Project was given to the patients & their relatives on the stall. Books of Bharatiya Sanskriti Darshan Trust were available on the stall for purchase. Information about various activities of Bharatiya Sanskriti Darshan Trust was also given to the visitors on the stall.

The theme of stall organised by Sanjeevani Plantation unit & Dravyaguna Department of Ayurved College was “My Garden of Medicinal Plants”. The concept comprised of display of medicinal plants which one can cultivate in his own garden like Japa (Hibiscus-rosa sinensis), Tulsi, Gulab etc. *p.t.o.*

... *Global Ayurved Conference & Health Expo*

The main aim of this theme was to make common man acquainted with these plants & its medicinal values. Charts were prepared giving information about its nomenclature & formulation .The students of 2nd BAMS year & teachers of college had played an important role to make this event successful.

This conference achieved success for bringing the research work from Ayurved field on one single platform.

"A rogya" 2009

"Arogya 2009" - a health expo organized by FICCI Government of Maharashtra, Municipal corporation of Greater Mumbai and Department of AYUSH , Ministry of Health and Family Welfare, Government of India was held between 30th Jan to 2nd Feb 2009 in Mumbai at MMRDA Ground, Bandra – Kurla Complex.

Exhibition was based on Ayurveda, Yoga, Naturopathy, Unani, Siddha and Homeopathy.

Bharatiya Sanskriti Darshan Trust had actively participated in this mega event through various activities like arranging stalls of Atharva Ayurved Pharmaceuticals and Ayurved Hospital & Research Centre, participating in Lecture series organized for Ayurvedic Practitioners and Students.

Lecture on 'Cancer Treatment and Ayurved' was delivered by Dr. S. P. Sardeshmukh – Director , Ayurved Hospital & Research Centre and Dr. Vineeta Deshmukh- Incharge of Cancer Research Project.

Dr. Anant Dharmadhikari – Head of the Department, Kayachikitsa (Medicine) delivered lecture on "Various aspects of Rasayana".

Dr. Mrs. Renuka Gayal – Incharge of Ayurved Hospital, Wagholi, delivered lecture on "Langhana Chikitsa Siddhanta".

Atharva Ayurved Pharmaceuticals displayed and sold Ayurvedic medicinal products in the exhibition, under the valuable guidance of Dr. S. P. Sardeshmukh and Dr. Mrs. Vidya Hirlekar.

The Research and Development unit gave valuable information to the people about cancer and AID's research project in this exhibition.

Information of traditional methods of Panchakarma was given by the Department of Panchakarma, under the guidance of Dr. Mrs. Renuka Gayal.

More than 2 Lakh people visited the stall including eminent personalities like Mayor of Mumbai - Dr. Mrs. Shubha Raul; Dr. Kuldip Raj Kohli -Director of Ayurved, Maharashtra State & Mr. Ranjit Puranik- General Secretary of ADMA.

Dr. Sukumar Sardeshmukh, Mr. Sachin Saraf, Dr. Wankhade, Mr. Govind Pawar attended the stall . MD students of Ayurved College , Wagholi - Dr. Shweta Mishra, Dr. Archana Pawar & interns - Mr. Vishal Wanhe, Mr. Gopichand Waghmare, Mr. Mangesh Udamale, Miss. Akshata Varpe, Miss. Gayatri Marawa, Miss. Mayura Sonwalkar and Miss. Ashwini Thube actively participated in this event

Glimpses of "A rogya" 2009



◀ Dr. Shubha Raul - Mayor of Mumbai, at 'Atharva Ayurved Pharmaceuticals' stall in 'Arogya 2009'



Dr. Kohali's visit to stall ▶



◀ Dr. Sardeshmukh, Dr. Hirlekar, Dr. Wankhade and students at stall



Dr. Archana giving information about Atharva Products ▶



◀ Dr. Sukumar and Dr. Archana giving information about stall



Visitors taking information about books and medicine ▶



◀ Visitors to Atharva stall ▶



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