

Charak Chintan – A Seminar on Charak Samhita



Prof. Dr. Anant Darmadhikari, A.V.P., Ph.D. (Ayurved), Professor of Kayachikitsa (*Department of Medicine*), Bharatiya Sanskriti Darshan Trust's Ayurved College - Wagholi, delivered a series of lectures in one day seminar on Charak Samhita namely "Charak Chintan" at Amaravati, Maharashtra on 18th January 2009. This seminar was organized by a branch of Ayurved Vyasapeeth, a well known association in the field of Ayurved at Amaravati.

Vaidya Abhijeet Saraf - M.D. student of Samhita Department (Department of Basic Principles) of Ayurved College, Wagholi, Pune assisted him for Sutra Vachan (Recitation of Sutras).

Vaidya Anant Dharmadhikari explained concept of Tri Doshas, Satmya (Habitual Diet, behaviour & medicine), Vataprakopa (Vitiation of Vata Dosha), Aavruttavata (A characteristic phase of Vata Dosha responsible for various diseases) & Basti Treatment in view of Charak Samhita.

Around 250 students of Ayurved Faculty and Ayurvedic Physicians were present as delegates for this seminar. Vaidya Vashishthakumar Joshi, President of Amaravati Branch, Ayurved Vyaspeeth Chaired the seminar. Vaidya Charusmita Shah, Vaidya Vilobh Bhartiya and Vaidya Vivek Kulkarni had taken appreciable efforts for the success of this seminar.

Re-Orientation Training Program of Rasashastra and Bhaishajya Kalpana Vidnyan

Re Orientation Training Program of Rasashastra and Bhaishajya Kalpana Vidnyan was organized at Government Ayurved College, Nanded, between 16th to 21st February 2009. The commencement of the program was by inaugural ceremony which was presided by Dr. Annapure, Dean of Government Ayurved College, Nanded and Dr. S. R. Saley, Head of Department of Nidan (Department of Pathology).



The program started with the lecture of Dr. R.V. Joshi which was mainly based on the 'Basic Principles of Rasashastra'. Many lectures on concerned topic were delivered during this training program. Dr. Shriram Jyotishi (Statistician), Dr. Vasaneekar (Geologist), Dr. Halde (Head of the Department of Drug Testing Laboratory) delivered some noticeable lectures. Dr. Ramkrishnan from Hyderabad, who is expert in preparation of 'Pottali Instrument', demonstrated Tamragarbha Pottali and Rasasindur. Dr. Tambe, Ex-Head of Department of Rasashastra, delivered lecture on 'Pathya-Apathya Kalpana'. Drug Testing Laboratory of Nanded Government College is very well developed.

More than 30 Vaidyas from various Ayurved colleges in India had participated in Re Orientation Training Program. The valedictory program was held on 21st February 2009. Vote of thanks was delivered by Dr. Vinaya Dixit. This training program was successful in refreshing the knowledge of teachers in the field of 'Rasashastra and Bhaishajya Kalpana Vidnyan'.

Swasthavrutta Department – Guest Lecture

Swasthavrutta Vibhaga (Department of Preventive & Social Medicine) arranged a guest lecture on Yoga. Vaidya Anand Joshi, a well known Ayurved Physician and Yoga practitioner visited Bharatiya Sanskriti Darshan Trust's Ayurved college, Wagholi on 4th March 2009. He delivered a speech on Yoga to second year B.A.M.S. students which indeed enlightened the knowledge of the students regarding Yoga.

On behalf of Prof. Dr. S. P. Sardeshmukh, Vaidya Sumati Khot felicitated Vaidya Joshi. In his lecture, he explained the various aspects and importance of Yoga in very simple language with examples. At the very age of 70, still he is full of energy and enthusiasm due to the practice of Yoga. He advised students to practice Yoga regularly.

Vaidya Prafulla Kotalwar, gave a vote of thanks to him, on behalf of trust.

F elicitation of "Uttam Granth Puraskar" (A ward for Best Book of the year)



Vaidya Abhijeet Saraf, M. D. student of Samhita Department (Department of Basic Principles) of Ayurved College, Wagholi received 'Arya Aushadhi Tejamruta Sanshodhan Uttam Granth Puraskar - 2007' by Deerghayu International Academy of Ayurved, Pune. This award was delivered for his book 'Bhavaprakash Nighantu Pradeep' which is a valuable database of pharmacological actions of medicinal plants & dietary substances described in Bhavaprakash Nighantu, one of the Ayurvedic texts.

The ceremony was held on 8th March 2009 at Maratha Chamber of Commerce, Pune.

He was felicitated by Dr. Subhash Bhende, a well known novel writer in Marathi literature. Dr. P. H. Kulkarni, President of Deerghayu International Academy of Ayurved, chaired the ceremony.

On behalf of our trust, we congratulate him for his grand achievement & wish him best luck for the future.

Hearty Congratulations!



Mr. Machhindra Kashid, a student of Third B.A.M.S. of Bharatiya Sanskriti Darshan Trust's Ayurved College, Wagholi, successfully completed the 3rd level (Sankyu Level) Japanese Language examination which was conducted by Japanese Language Proficiency Test Board. He passed the examination with First Class, held in the month of December 2008.

We congratulate him for his success, on behalf of our trust.

Blood Donation Camp

Blood donation camp was organized by National Service Scheme unit (N.S.S.) of Bharatiya Sanskriti Darshan Trust's Ayurved College, Wagholi, on 3rd April 2009 at Ayurved Hospital, Wagholi. This camp was organized in collaboration with Poona Serological Institute Blood Bank, Pune. 39 students of Ayurved College, Wagholi donated blood in the camp. Mr. Vinayak Atole & Miss. Pradnya Shete, Second year students of Ayurved College contributed in this camp as volunteers.

The camp was started with 'Dhanvantari Pujan' with the hands of Vaidya S. G. Natu, Head of the Department, Swasthavritta (Department of Preventive and Social Medicine). Vaidya Mrs. Renuka Gayal, Vaidya Miss Amina Patre, Vaidya Mr. Ajit Rawal, Vaidya Mrs. Jyoti Navanale, Vaidya Mr. Prafulla Kottalwar attended the camp. Prof. Dr. S. P. Sardeshmukh, Chairman of the institute & Vaidya U. V. Tekawade, Vice Principal, Ayurved College, Wagholi, guided for the success of the camp.



Published by : Bharatiya Sanskriti Darshan Trust (for private circulation only)

Editor : Prof. Dr. S. P. Sardeshmukh

Co-editor : Vd. Mrs. Vasanti Godse

Committee members : Vd. Mrs. Swapna Kulkarni, Vd. Miss. Vineeta Deshmukh, Vd. Miss. Ranibala Nemade, Vd. Mrs. Vibhavari Vaidya